

Books on Prescription

Reading Well Books on Prescription for dementia recommends books you might find helpful if you have dementia, are caring for someone with dementia or would like to find out more about the condition. The scheme is endorsed by health professionals and supported by public libraries.

Recommended reading

Information for prescribers: Please tick the book you would like to recommend and make sure you add your details at the end of the booklist. You can do this electronically or by printing the form and completing it by hand.

✔ Title	Author	Publisher
Information and advice		
Normal ageing and memory problems		
Introduction to the Psychology of Ageing for Non-Specialists	Ian Stuart-Hamilton	Jessica Kingsley
Coping with Memory Problems	Sallie Baxendale	Sheldon Press
About dementia		
Alzheimer's and Other Dementias: Answers at Your Fingertips	Alex Bailey	Class Health
Understanding Alzheimer's Disease & Other Dementias	Nori Graham and James Warner	Family Doctor
ABC of Dementia	Bernard Coope and Felicity Richards	John Wiley
About Dementia: For People with Learning Disabilities	Karen Dodd, Vicky Turk and Michelle Christmas	BILD Publications
For children		
Grandma	Jessica Shepherd	Child's Play
Living well with dementia		
First Steps to Living with Dementia	Simon Atkins	Lion Books
Dementia Positive	John Killick	Luath Press
Hearing the Person with Dementia: Person-Centred Approaches to Communication for Families and Caregivers	Bernie McCarthy	Jessica Kingsley
Activities to share		
Chocolate Rain: 100 Ideas for a Creative Approach to Activities in Dementia Care	Sarah Zoutewelle-Morris	Hawker
Pictures to Share (various titles)	Helen Bate	Pictures to Share

✔ Title	Author	Publisher
Support for relatives and carers		
When Someone You Love Has Dementia	Susan Elliot-Wright	Sheldon Press
And Still the Music Plays: Stories of People with Dementia	Graham Stokes	Hawker
Can I Tell You about Dementia? A Guide for Family, Friends and Carers	Jude Welton	Jessica Kingsley
Dementia: Support for Family and Friends	Dave Pulsford and Rachel Thompson	Jessica Kingsley
10 Helpful Hints for Carers: Practical Solutions for Carers Living with People with Dementia	June Andrews and Allan House	University of Stirling, Dementia Services Development Centre
Seeing Beyond Dementia: A Handbook for Carers with English as a Second Language	Rita Salomon	Radcliffe Publishing
Personal stories		
Dancing with Dementia: My Story of Living Positively with Dementia	Christine Bryden	Jessica Kingsley
Dear Dementia: The Laughter and the Tears	Ian Donaghy	Hawker
Still Alice (fiction)	Lisa Genova	Simon & Schuster
Losing Clive to Younger Onset Dementia: One Family's Story	Helen Beaumont	Jessica Kingsley
Telling Tales About Dementia: Experiences of Caring	Lucy Whitman	Jessica Kingsley
The Little Girl in the Radiator: Mum, Alzheimer's and Me	Martin Slevin	Monday Books
But Then Something Happened: A Story of Everyday Dementia	Chris Carling	Golden Books

Prescriber's name:

Job title:

Prescriber's further information or additional recommendations:

Prescriber's signature:

Joining the library

If you are not yet a member of your local library and would like to join, please insert your name and address and hand the form to a member of the library staff:

Name:

Address:

Prescriber's practice/organisation stamp:

For more information, go to reading-well.org.uk